

LISSAH, KAITHAPOYIL, KOZHIKODE

ANNUAL REPORT-2022-23

It is with great delight that I present to you the comprehensive report highlighting the diverse range of activities carried out by LISSAH during the academic year 2022-23. LISSAH, a prestigious educational institution overseen by the esteemed CST Fathers, flourishes within the serene embrace of a captivating, eco-friendly campus spanning across 20 acres. With humble beginnings in 2003, consisting of a mere 13 students and a single department, our college has blossomed into a thriving institution hosting 710 students across seven departments. This report will offer a captivating glimpse into the remarkable accomplishments and milestones we have achieved throughout the academic year.

Report – Journalism Department

In the 2022-2023 academic year, LISSAH College's Department of Journalism had a productive and successful year with various activities and events. They organized community outreach programs and observed significant days. Here are some highlights:

Malala Day Observance: Collaborated with Fourth Estate to conduct an extension program for A.K.T.M. LP School students. MAJMC students taught classes on personal hygiene, education and career, and good touch and bad touch.

World Peace Day celebration: Organized 'Heiwa' program, including a radio discussion and competitions like speech and letter writing. Students actively participated and shared their views on contemporary India and peace.

International Film Day: Organized 'Silma Katha', allowing students to guess movie names through dialogues and songs. The event received positive feedback from students and faculty.

Inauguration of Fourth Estate Association: 'KATHRIKA' program featuring speeches and sessions, including guest speakers sharing insights. Mr. Nishad Rawther conducted a session on censoring and media.

Active participation in initiatives: Engaged in 'Velicham' by Madhyamam Daily, receiving newspapers for the Journalism department. Organized 'Touring Talkies' film screening in association with Kerala Chalachitra Academy, showcasing the movie 'CLASH'.

Learning opportunities: Students and faculty attended the International Film Festival of Kerala (IFFK) in Trivandrum. Industrial visit to News 18 Kerala provided insights into newsroom operations.

Seminars and webinars: Organized sessions on communication research, research writing in mass communication, and intellectual property rights. Students had the chance to interact with field experts.

Report – Computer Science Department

The Department of Computer Science at LISSAH College organized a series of programs to enhance students' IT insights and skills. Highlights include:

Career Orientation Program (20th June 2022): Techolas Technologies Pvt. Ltd. collaborated to familiarize students with futuristic IT careers.

Webinar on Network Engineering (22nd June 2022): Spectrum Softtech Pvt. Ltd. provided valuable information on the significance of network engineering in the IT industry.

Mapping Your Career Program (29th June 2022): Inmakes Infotech Pvt. Ltd. shared insights on securing CS internships.

Co-curricular activities: World Wide Web Day celebrations with a Still Modeling and Treasure Hunt Competition. Memorandum of Understanding (MoU) signed with RedTeam Hacker Academy Pvt. Ltd.

Cyber Awareness Program (27th September 2022): Collaborated with RedTeam Hacker Academy to raise cyber awareness among second-year students.

Industrial visit to Spectrum Softtech Pvt. Ltd. (11th October 2022): Provided practical exposure to an IT organization.

Cyber security Day (30th November 2022): Quiz Competition and Gaming Competition for students from various departments.

Exhibition on World Computer Literacy Day (21st December 2022): Showcased computer hardware and models.

Seminars and webinars: Covered topics such as securing Linux, AI in healthcare, effective research methodology, and the art of research in computer science. Eminent speakers shared their expertise.

Association Inauguration (22nd December 2022): Dr. Jayaraj PB, Assistant Professor from NIT Calicut, discussed IT domains and research career opportunities.

Professional Orientation Program (20th January 2022): Highlighted professional skills, interview strategies, and the importance of AWS and cloud technologies.

Food Fest (3rd February 2023): Provided a platform for students to showcase culinary talents.

Report – Psychology Department

The Department of Psychology at LISSAH College had a successful academic year 2022-2023. Under the guidance of Ms. Jina Thomas, the department continued to grow and offer quality education.

During the year, the department actively engaged in various activities and initiatives. The Palakkad Jail Project (*Nervazhi*) aimed at providing psycho-social support to inmates, and the feedback received from the District Jail authorities was highly positive.

An institutional visit was organized for students from Providence College, providing them with valuable insights into the LISSAH counseling and psychotherapy center.

The department, in collaboration with the LISSAH Counseling and Psychotherapy Center, established LISSAH Clinics in different schools, where student counselors offered counseling services and behavioral cognitive strategies to address various issues. The SMILE Project conducted life skills training programs in Kannur and Calicut, benefiting students and offering counseling support.

Several events and workshops were organized, including a poster-making competition, webinars on dementia and Alzheimer's awareness, and workshops on research methodology, DBT and ACT, and mindfulness. The department also celebrated World Mental Health Day with a week-long program and organized an exhibition, showcasing the contributions and various aspects of psychology.

Other notable events included a seminar on being a clinical psychologist in the new normal era, a webinar series on upgrading research skills, and workshops on yoga and meditation. Additionally, an online counseling course was conducted, receiving positive feedback from enrolled students.

Report – Social Work Department

Under the leadership of Dr. Vincy Abraham, the Department of Social Work at LISSAH College has conducted various impactful programs and initiatives throughout the academic year.

The BSW third-year students organized an anti-drug awareness program, POTHICHORU program for World Food Day, and an awareness program on World Environment Day. They also volunteered for programs at Bengaluru and conducted an organizational visit and inter-college learning exchange program called 'Dream Caster.'

The BSW second-year students organized a quiz competition, an orientation session about NGO Goonj, and actively participated in the Peace Day Celebration. They also conducted the PORATTAM Campaign against substance abuse and organized a flash mob and street play on the theme of substance abuse.

The BSW first-year students participated in the Urjakiran conservation rally, collaborated in a camp for differently-abled individuals, observed Leprosy Eradication Day, and attended a seminar on Intellectual Property Rights. They also observed International Childhood Cancer Day and volunteered for 'Mazhavillu 2023' by the Wheelchair Rights Organization. Additionally, they organized a tree planting initiative for Biodiversity Day.

Freshers Day was organized for both BSW and MSW first-year students, while a farewell event was held for the BSW final-year students.

The MSW students conducted programs such as "Feel the Work," a street play and flash mob on World AIDS Day, a street play against drug addiction, and a flash mob on Kudumbasree and women empowerment.

The department also organized seminars on Result Based Management and Community Led Development, and the role of youth in social development through a non-violent economy.

Report – Commerce Department

The Department of Commerce at LISSAH College had a productive and eventful academic year, filled with various activities and initiatives. Under the guidance of Head of the Department, Mr. Vikas George, the department successfully organized a range of events and programs to enhance the academic and professional development of its students.

The year began with the Graduation Day for the 2020-2022 M.Com batch, where the pass-out students were honored with capping ceremonies and certificates. The department also celebrated International Youth Day with competitions like Cartoon Drawing, Outfit Icon, and Face Painting, promoting creativity and youth engagement.

To foster student development, the department initiated the Student Development Program (SDP), focusing on enhancing skills, research aptitude, and holistic growth. The program included paper presentations, a business quiz, and a motivational video presentation, providing valuable learning opportunities for the students.

In line with the college's emphasis on social awareness, the department organized Alimento - World Food Day, where a fireless food making competition was conducted, promoting awareness about nutritional value and creative cooking methods.

The department also inaugurated the Commerce Students Association, Lucror, known as Negocio, to facilitate the overall development of commerce students. Additionally, they conducted Reddto, an intercollegiate business quiz competition, and inaugurated the Entrepreneurship Development Club, providing students with insights and skills related to entrepreneurship.

Industrial visits, webinars on current trends in commerce, and workshops on interview skills, research, and paper file making were also conducted, offering practical knowledge and experiential learning.

Report – English Department

The academic year 2022-2023 was a productive and eventful year for the Department of English. Under the leadership of Mr. Balasubramaniam, the Head of the Department, and with the support of Ms. Aditya, the Staff Coordinator, and the student flag bearers of UG and PG, several programs and activities were organized by the Students of English Association (SEA).

One notable event was the Business English Communication (BEC) Exam conducted by Cambridge University on 4th June 2022 at LISSAH College. A total of 27 students participated in the exam, which tested their skills in business communication. The students performed excellently,

with a pass percentage of 96.29. The successful candidates received globally recognized certificates from Cambridge University, enhancing their future career prospects.

Another significant event was the interactive session with alumni on 3rd June 2022. Mr. Athil Shaham, an esteemed alumnus, delivered a motivational speech, inspiring the students in various academic fields and emphasizing the importance of higher education. This session provided valuable guidance and motivation to the final year BA English students.

Furthermore, a Research Methodology workshop was conducted on 16th August 2022 for the final year UG and PG students. The workshop aimed to enhance their research skills and covered topics such as research framing and writing bibliography. The students responded positively to the workshop, gaining valuable insights into the research process.

The Department of English also inaugurated their Students' Association, SEA, on 2nd November 2022. The event was graced by invited dignitaries, and various activities, including a quiz competition on the Harry Potter series, were organized to engage the students. The inauguration marked the beginning of a vibrant association that would foster learning and cultural activities.

In addition, the students actively participated in social service by visiting ASHA NIKETAN on 17th November 2022. They entertained the residents with cultural programs and spent quality time with them. This experience left a lasting impact on the students and reinforced the importance of community engagement.

The department also signed a Memorandum of Understanding (MoU) with other institutions, promoting collaborative relationships in areas of mutual interest, including language, literature, and theater.

Various other events, such as the book release on online teaching and technology, a teacher exchange program, seminars on intellectual property rights, and a three-day theater workshop, enriched the academic year.

Report – Sociology Department

The Sociology Department at LISSAH College has had a productive and impactful year. The department has organized various events and activities to engage students and create a conducive learning environment.

The year began with the inauguration of the Sociology Association, SIASGROS, on 14th October 2022. The ceremony was graced by Dr. Shailendra Varma, who provided valuable insights into the field of sociology. The inauguration also included a subject orientation.

The department continued its commitment to social issues by conducting a workshop on gender sensitization on 18th November 2022. Mr. Dinu Veyil served as the resource person and the program aimed to create awareness among 1st-year BSW and BA Sociology students about gender identity and diversity.

On 14th December 2022, the department organized an observance of Minority Rights Day. Mr. Anadhu Raj delivered a thought-provoking session on the rights of minorities in the Indian

Constitution and their fundamental duties. The seminar shed light on the challenges faced by minority communities in contemporary Indian society and highlighted the role of constitutional provisions.

The department also participated in the Kerala Sociological Society's 49th National Conference. Ten students and one faculty member represented LISSAH College for the first time in this prestigious conference.

In addition to these events, the Sociology Department achieved notable success in interdepartmental competitions. The department secured the second prize in the Rangoli making competition. Moreover, students excelled in various sporting events, with Athulya Manoj winning the first prize in 400m long jump and leading the mixed relay and 100m relay teams to victory.

The academic year 2022-23 at LISSAH has been filled with remarkable achievements and memorable events. The collective dedication of the management, teaching and non-teaching staff, and students has played a pivotal role in our success. However, we understand the importance of continuous improvement and strive to surpass our previous accomplishments.

We express our heartfelt gratitude to Rev. Fr. Jose Melettukochiyil CST, the Former Director of LISSAH, and Rev. Fr. Bobby Pullolickal CST, the Manager of LISSAH, for their invaluable guidance and support. We also extend our appreciation to the management, colleagues from all departments, and the non-teaching staff whose unwavering support has contributed to the effective functioning of the college.

We would like to thank the students, parents, alumni, well-wishers, SRA, DM, Philippineri Sisters, collaborators, fieldwork agencies, and panchayat officials for their continuous support and patronage. We also express our gratitude to the distinguished guests for gracing our events with their presence.

As we move forward, we humbly request your continued support, and we are confident that with our dedication and collaboration, we will achieve even greater heights in the future. We extend our best wishes to all and express our gratitude for the opportunities bestowed upon us. Thank you all for your unwavering support.